Family Caregiving

Welcome!

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What are Patient and Family Centered Goals?

CAREGIVER ACTION NETWORK CAN™

In caring for your loved one, perhaps you feel…

Uncertain

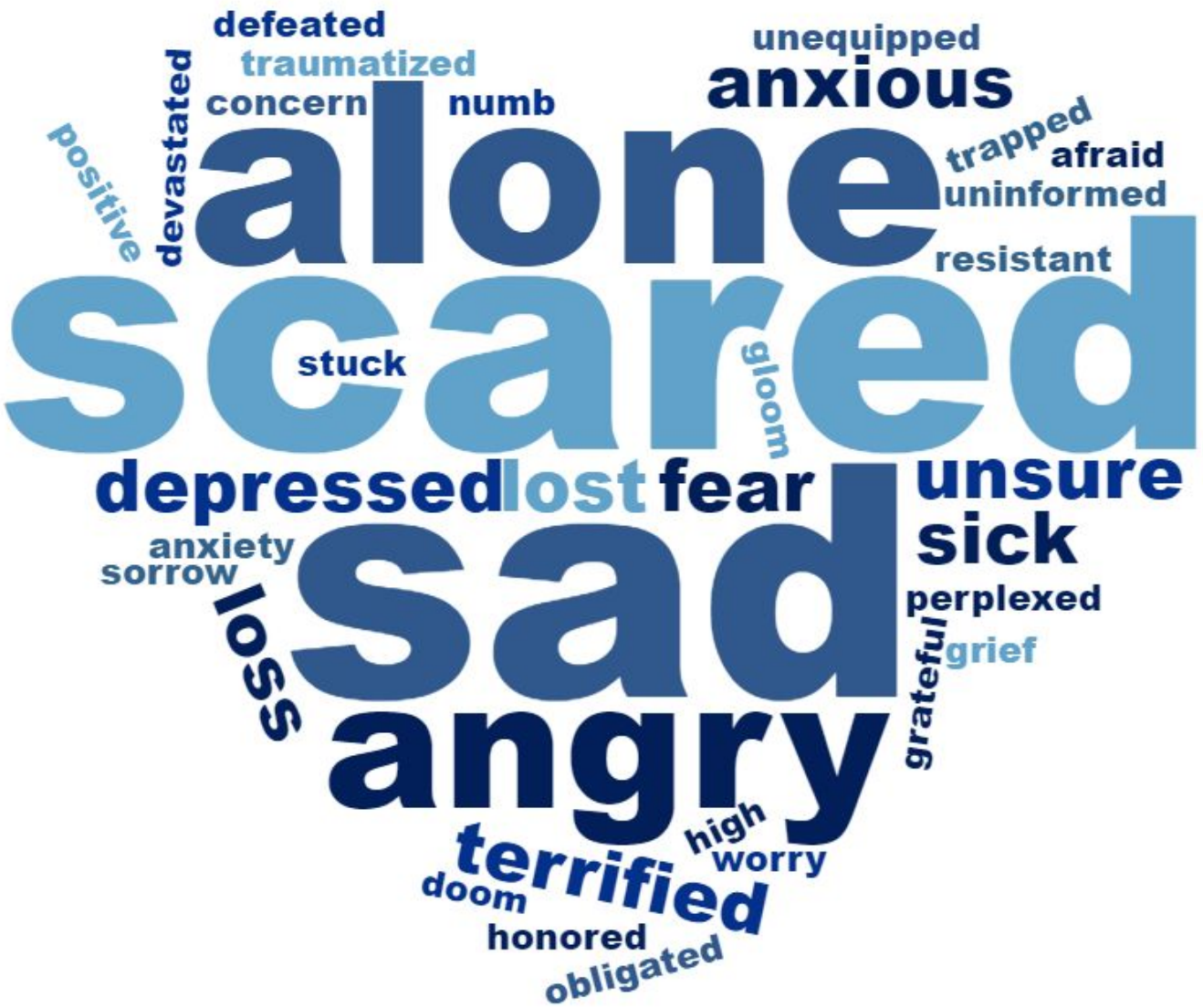
Maybe you feel…

Disorganized

And most of all…

Stressed

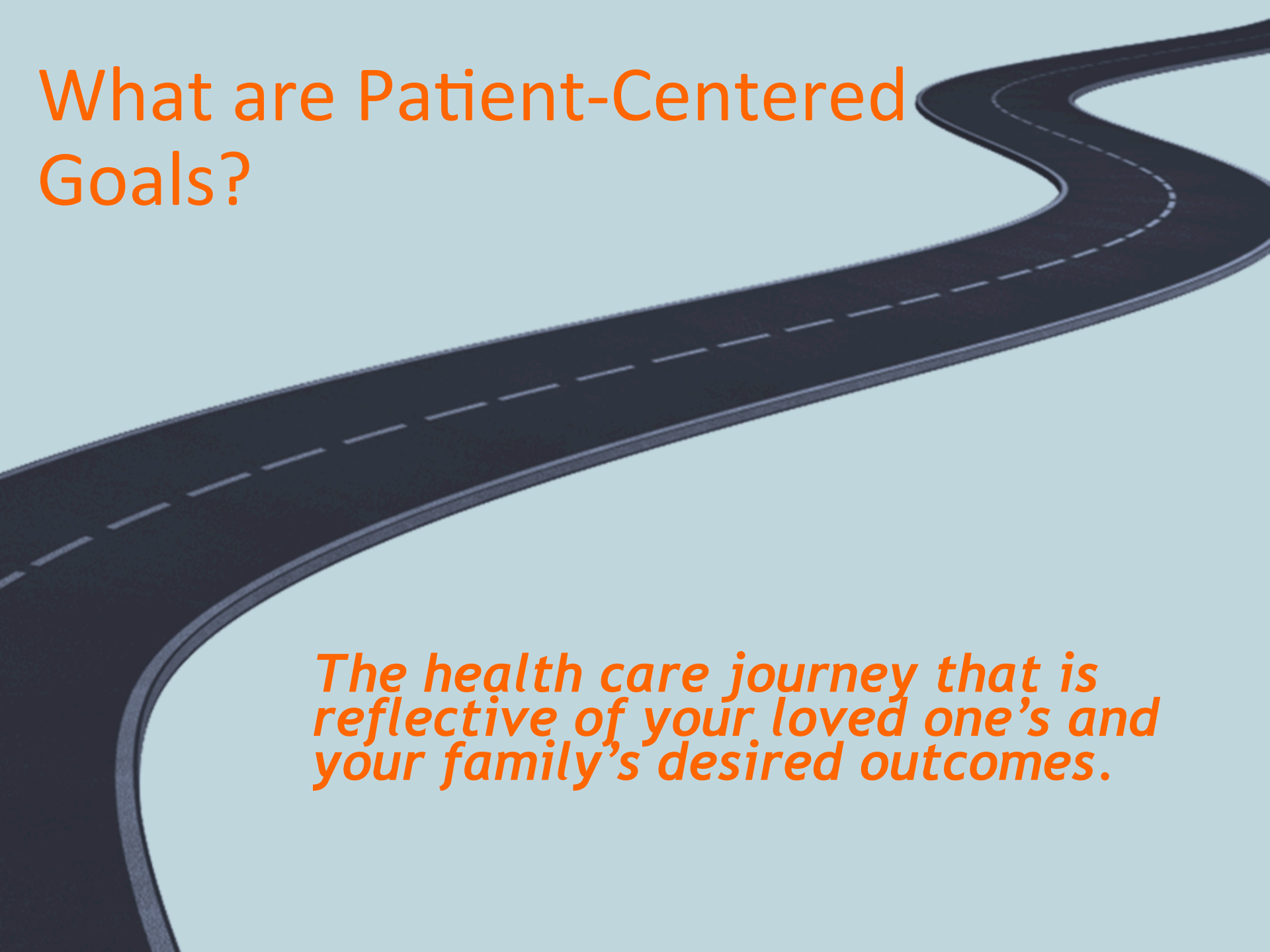
Family Caregiver Emotions



Confident

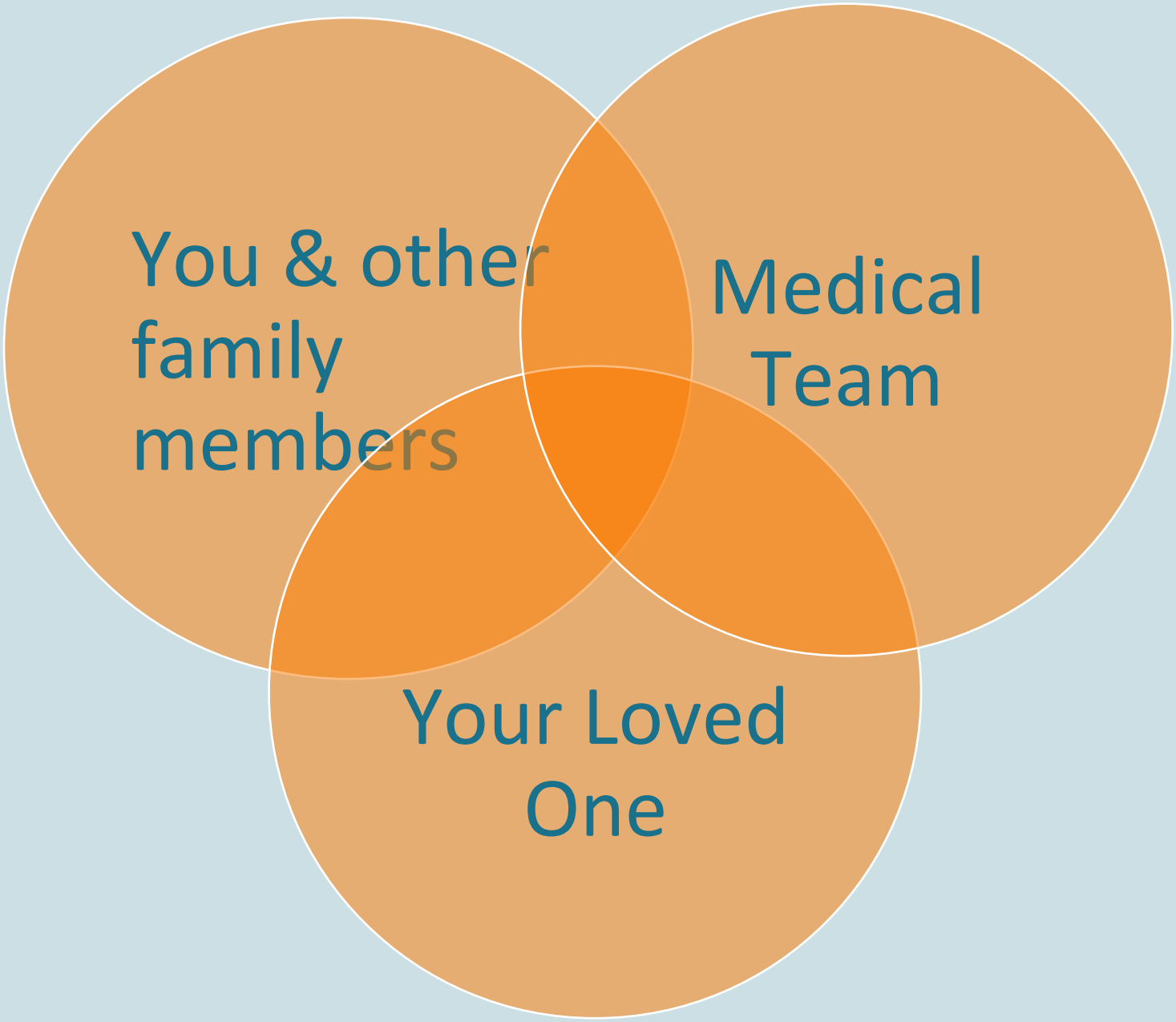
Supported

What are Patient-Centered Goals?



The health care journey that is reflective of your loved one's and your family's desired outcomes.

My Caregiving Story


You & other family members
Medical Team
Your Loved One

You are a ***vital*** part of the health care team!

Working as a team ensures the best quality of life possible.

What do you want to know from the doctors?

- What is the problem?
- How can it be treated?
- What can I do to help my loved one?

When and how can we communicate?

What is the cost to me and my loved one?

What are the Benefits of Creating a Family-Centered Goal?

Decrease in anxiety for you and your loved one.

Your loved one is more likely to follow through with therapy.

What are your family's goals?

What goals might the doctor have?

Today's Example Diagnosis:

Diabetes

How do I get the benefits of Creating a Family-Centered Goal?

Communicate

and

Participate!

Questions

about setting goals?